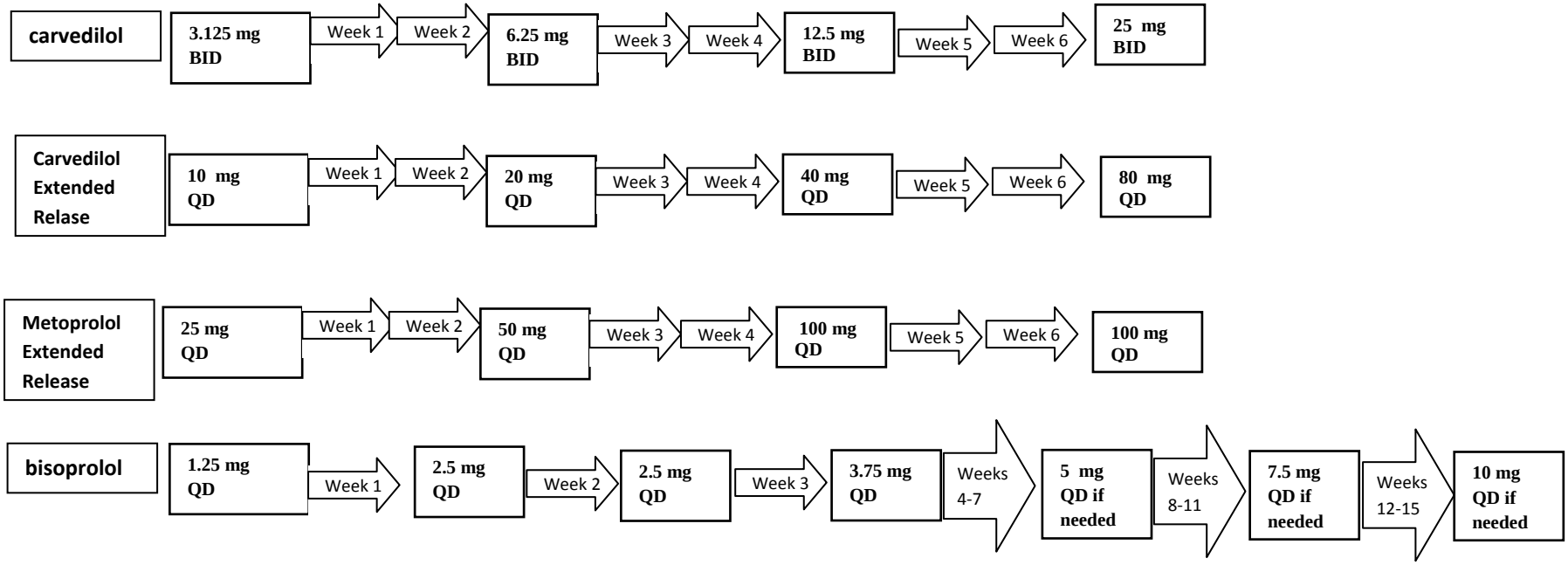DOSING TITRATION FOR BETA BLOCKERS PROVEN TO BE EFFECTIVE IN HEART FAILURE