Table VI: The Johns Hopkins Anticoagulation Management Service Approach to Warfarin Dose Adjustment (Designed by Peggy Kraus, PharmD CACP)

For patients whose previous dose is known, restart their usual dose. For abrupt increases in INR, deviation from guidelines is warranted and cautious dosing is recommended.

Consider a decrease in dose by 1/3 to ½ if the patient has one or more of the following risk factors:

- 1. NPO status (due to significant impact of diet in relation to needed warfarin dose)
- 2. Severe heart failure (EF <30% and/or biventricular failure)
- 3. Concurrent signification drug/drug interactions (CYP2C9 enzyme inhibition) such as Amiodarone, Bactrim, Flagyl, Fluconazole, pulse steroids
- 4. Severe liver impairment

| Day of therapy | INR | Age ≤ 30 years | Age 31-75 years | Age > 75 years |
|----------------|---|--|--|--|
| Day 1 | ≤1.3 1.4-1.9 ≥2.0 | 7.5 mg 2.5 mg Consult hematology if warfarin naive | 5 mg 2.5 mg Consult hematology if warfarin naive | 2.5 mg 1 mg Consult hematology if warfarin naive |
| Day 2 | ≤1.3 1.4-1.9 ≥ 2.0 | 7.5 mg 2.5 mg 0 | 5 mg 2.5 mg 0 | 2.5 mg 1 mg 0 |
| Day 3 | ≤1.5 1.6-1.9 2.0-2.5 2.6-3.0 >3.0 | 7.5 mg 5 mg 2.5 mg 1 mg 0 | 5 mg 2.5 mg 1 mg 0.5 mg 0 | 2.5 mg 1 mg 0.5 mg 0 |
| Day 4 | ≤1.5 | 10 mg | 7.5 mg | 5 mg |
| | 1.6-1.9 2.0-2.5 2.6-3.0 > 3.0 | 7.5 mg 2.5 or 5 mg 0.5 or 1 mg 0 | 5 mg 1 or 2.5 mg 0.5 or 1 mg 0 | 2.5 mg 1 mg 0.5 mg 0 |
| Day 5 | ≤1.5 | 10 mg | 7.5 mg | 5 mg |
| | 1.6-1.9 2.0-2.5 2.6-3.0 > 3.0 | 7.5 mg 2.5 or 5 mg 1 or 2.5 mg | 5 or 7.5 mg 2.5 or 5 mg 2.5 or 1 mg | 2.5 or 5 mg 2.5 or 1 mg 0.5 or 1 mg |

For day 6 and beyond average the previous 5 days, round to the nearest tablet size and continue that daily dose